

Sepsis: When Infections Become Life-Threatening

Infections are part of life, also in Switzerland. They are often lung, bladder or wound infections or gastrointestinal flu. They can sometimes develop into sepsis, which is a life-threatening medical emergency. Sepsis occurs when the body overreacts to an infection and turns on itself. It can happen to anyone and is just as common as a stroke or a heart attack.

Sepsis in Switzerland: Hospital data

20,000

cases per year

4,000

deaths per year

1 billion CHF

direct hospital costs per year

Worldwide, sepsis is one of the most common causes of death related to infections.

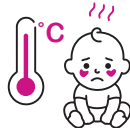
With unusual symptoms or several of these signs: think sepsis!



Feeling extremely unwell, weak or fatigued



- Confusion
- Disorientation
- Drowsiness



- High fever
- Unusually low body temperature



- Cold
- Shivery



- Rapid pulse
- Racing heartbeat



- Rapid breathing
- Shortness of breath



- Pain
- Severe discomfort



Decreased urine output



Pale, marbled, mottled or bluish skin

Tel 144

**Sepsis is always an emergency.
Seek professional help.**

How to prevent it

- Observe hygiene in everyday life
- Take infections and wounds seriously
- Keep vaccinations updated
- Seek help promptly if symptoms worsen



Think Sepsis. Save Lives.

sepsis.ch